

Winterama 2012

**Aroostook State Park
February 17-19, 2012**

Boy Scout & Venture Units

No pets - dogs not allowed on Park trails

Adults that want to help out? We need volunteers immediately if these activities are to happen. It does not help us to volunteer at the last minute because time is needed to prepare for the activities prior to the event. We need...

- **Each unit to provide 1-2 people to run a Klondike activity.**

Contact Steve Farnham at 764-3396 or toll free 1-800-439-1789 days Mon.-Fri; 769-8381 evenings and week-ends; e-mail to stevefarnham@aroostookaging.org

Boy Scout Winterama 2012 Schedule

Friday, February 17

Units are welcome to arrive and set up camp. No activities are planned.

Saturday, February 18

8:00- 8:45 AM Registration for **Boy Scout Units staying overnight Saturday** at Aroostook State Park Lodge adjacent to park gate.

8:45-9:30 AM Registration for Boy Scout units **not staying overnight Saturday** at Aroostook State Park Lodge adjacent to Park Gate.

Boy Scout Units set up camp, finalize winter shelters. Sliding hill by Park Lodge/entrance gate and snowshoe and ski trails available for Units not planning on staying overnight – bring your own sleds, toboggans, snowshoes and skis. Limited number of cross country skis and boots will be available for free loan at the ski trailer in the parking lot.

9:30-11:00 AM Cross Country Classic Skiing for Beginners – basic instruction from Maine Winter Sports athletes.

Great opportunity to learn the basics and have free use of quality cross country ski equipment and test out your skills on the Park trails. For experienced skiers, bring your skis and use the Park trails. Consider a Troop or a Patrol hike on skis.

11:30 AM Klondike Activity Assembly - at the Park Lodge and Main Gate

Patrols Assemble at Park Lodge with sleds packed and ready to go for start of Klondike at 11:30 AM

Lunch will be a Klondike Event – Patrol will have one hour thirty minutes to prepare fire, cook a balanced nourishing meal they plan beforehand, clean-up and leave-no-trace of activity.

11:30 AM-3:00 PM Klondike Events - should have Klondike Sled or equivalent per Patrol

Klondike trail starts at Park Lodge and Gate

Patrol has 3 1/2 hours to complete 7 events and return to start/finish point.

3:00 PM Return to Campsite and complete work on winter shelters, set up for night , Dinner in your site

3:00-5:30 PM Campsite Reviews by District Commissioner Staff

6:30 PM Assemble in Park Lodge, Scout's Own Service, Klondike Derby Awards and Wink Larson Trophy Presentation - Fellowship around the fireplace and the Lodge will remain open for warm-up and use of toilet through the evening.

Optional Evening Activities - Units are invited to bring your lanterns from camp and light up the sliding hill and the ice rink.

Sliding on the hill by the Park Lodge; ice skating, conditions permitting, on the lake.

Hot Chocolate and warm-up by the fireplace in the Lodge, make yourself comfortable.

Sunday, February 19

6:00 – 8:00 Breakfast and Start Breaking of Camp

8:00 Check Out. Please clean up the site, all is carried out with you – leave no trace principles

Note – Leave winter shelters intact – will be used next week-end by Park.

Leader's Guide – 2012 Winterama

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Patrol Method:

The Klondike Derby stresses the natural patrol. Let the patrol succeed or fail on the strength of it's members. **Boy Scout leaders will not accompany their boys - please heed this!** Webelo leaders may accompany their dens but may not help their dens in the events. It is ok to observe on the trail and at events but the events are for the Scout's participation, not adults.

Your Job as Leaders:

- **All leaders trained in Youth Protection and Hazardous Weather (both available on-line)**
- Obtain a local Tour Permit from Council office no later than January 31.
- Provide two-deep leadership for your unit at all times.
- Consider contacting your local Webelo leaders and invite them and their den to participate with your Troop in the Klondike events.
- Klondike style sleds must be built or put back into shape.
- **Make sure your Scouts are adequately trained and equipped for winter camping and being outdoors all day.** Proper dressing for winter and proper use of sleeping gear is in the Boy Scout Handbook and there is much better information in the Fieldbook.
- Make sure your Scouts are hydrated, have beverages available in your site at all times.
- Teach them the symptoms and first aid treatment for frostbite, hypothermia, dehydration and other winter health hazards.
- Make sure each patrol has the equipment needed to participate in the activities. Patrols must make their own Snow Snake (don't have one and need instructions, let us know).

Registration: Bring the completed Winterama Registration form with you. Unit registration will be in the Park Lodge adjacent to the park entry gate. The registration fees are **\$8.00** for Scouts and adults camping Friday and/or Saturday (Park fees plus Winterama patch and awards); **\$5.00** Scouts and adults Saturday day only. Cubs are welcome to attend as a unit with unit leaders providing supervision. No organized activities will be provided but the sliding hill is available, free cross country skis/boots and the trail system is available. Fee for Cubs and adults attending with Cubs is \$3. to cover cost of patch.

Parking: Bus parking may not be allowed in the parking area below the camping area due to very limited space. Bus may be unloaded and moved to a location assigned by Park

Superintendent Scott Thompson. Parking for cars, vans and pick-ups available in parking lots adjacent to the ski trail and just below the Park Lodge.

Camping Area and Winter Shelters: Campsites will be assigned by Park Superintendent Scott Thompson. Units may construct shelters prior to the Winterama – please contact Scott Thompson on-line at Scott.P.Thompson@maine.gov or call him at 768-8341 for assignment of a campsite. Please caution Scouts to not take snow from park ski and snowshoe trails for winter shelters and to stay off the tracked ski trails. Use of a snowmobile by a Unit to move equipment before or during the Winterama or to haul water from the Lodge to the campsite can be discussed with Scott Thompson by the Unit Leader. He may consider it if usage is limited only to a responsible adult leader. No youth usage of a snowmobile is allowable.

Camping will be in the public campground, **not** in the Scout area behind the mountain. The campground is not accessible by motor vehicle – all equipment must be carried in and it is approximately ¼ mile uphill hike on a packed trail from the parking area to the campground. Space will be available for each unit to build winter shelters in assigned campsite only. Open fires allowed if you bring your own firewood in the fire pits in the campground (you will have to find them under the snow). Propane or chemical stoves are allowed and encouraged for cooking needs. The enclosed campground kitchen shelter will be heated and available for warm-up and **shared use by units for propane stove cooking.** Note: the firewood in the enclosed kitchen shelter is for the woodstove in the shelter, not for Scouts to take to their campsite.

Quick Warm-ups: The kitchen shelter in the campground has a wood stove and all participants are welcome to come in to the shelter for quick warm-ups as needed. The Park Lodge will be open through the week-end and participants are welcome to come in to warm up. There are toilets in the Lodge. Drinking water will be available at a spigot in the back of the Lodge. The Lodge will be available at night if any person gets too cold and needs to be moved to heated shelter.

Toilets

Outdoor toilets are available in the campground and adjacent to the parking area as well as in the Lodge. Please help by keeping the doors shoveled out.

Drinking Water:

Spigot available outside the Park Lodge, must transport to your campsite. Snowmobile with trailer may be available to transport water with prior request by unit leader.

Clothing Requirements and Sleeping Gear:

Knowing how to keep dry and warm is critical!

We have seen every kind of weather imaginable at Winterama so you and your Scouts must BE PREPARED. Please use the Boy Scout Fieldbook as your guide in teaching your Scouts. If any Scout is not adequately dressed for the weather, he will not be allowed to participate in Klondike events. You must inspect your Scouts and make sure that their sleeping gear is adequate and they have good **thermal protection from the ground.** They must understand how important it is to stay dry, to change into dry sleeping gear when they go to bed, to wear a hat while sleeping. Please see that your Troop is prepared.

First Aid Station:

Immediate first aid and minor injuries are the responsibility of Unit leaders. Medical emergencies require summoning Crown Ambulance by calling 911.

Report any injuries to District Executive.

Weather:

Unless weather reaches critical conditions, the Winterama will go on. Call the information numbers if you have any question.

Recreation Activities: Besides the organized activities associated with the Winterama the Park offers a great sliding hill in front of the entry gate, a skating rink (conditions permitting) on the lake in front of the Lodge, maintained snowshoe trails including trails to the twin peaks of the mountain and 15 miles of groomed cross country ski trails (tracked for classic skiing).

Klondike Equipment: You should be prepared for almost anything.

Items required by participating patrols --

Klondike "dog-type" Sled (or equivalent)	4-5'or 6' staves/poles
Compass	First Aid Kit
Cup for each Scout	2 quarts water per Scout
Tinder, firewood for cooking lunch , kindling, matches	Gallon pot
1 set Snow Shoes w/ adjustable bindings	Lashing rope - 6 pieces, 10' each
Hand Ax	Writing instrument

Hot Chocolate Mix or other hot beverage mix-your choice

Plates, bowls any needed utensils for eating and cooking pots/pans.

All ingredients for lunch for entire Patrol plus one guest meal to be shared with judges.

Lunch must be prepared on an open fire with 1 hour 30 minutes allowed and include a 4 oz minimum protein, 2 servings of ½ cup each minimum vegetables that should include a starchy vegetable, and a dessert.

Snow Snake (if you need details on how to make, contact Steve Farnham)

Winter Emergency Kit (patrol decides what to put in it - Be Prepared!)

North Star District Winter Campsite Safety Review

Unit# _____ Time Of Inspection: _____ Inspector: _____
Your
Score _____

1. General Campsite Condition: 42+ point maximum

- _____ Troop Identified with sign 2 pts.
- _____ Off-site manufactured gateway in use 2 pts.
- _____ On-site gateway constructed of poles, lashings 4 pts.
- _____ U.S. Flag and Troop Flag properly displayed 2 pts.
- _____ Campsite layout shows Patrol method in use 2 pts.
- _____ Winter shelter or tents will avoid potential blow-downs 5 pts.
- _____ Winter shelter constructed properly or tents pitched properly, either with ventilation 10 pts.
- _____ Winter shelter or tents have proper thermal protection and vapor barrier from ground 10 pts.
- _____ Recycling of cardboard, cans, bottles, etc...evident 3 pts.
- _____ Duty roster and menu posted 2 pts.
- _____ On-site manufactured camp gadgets in use – 1 point for each

2. Scout Safety 60 point maximum

- _____ Adequate beverages available at all times 10 pts.
- _____ Each Scout has adequate bedding and a thermal ground pad 15 pts.
- _____ Each Scout has dry adequate clothing, socks, stocking hat or hooded sweatshirt with their bedding for night use 15 pts.
- _____ Leaders have access to Scout medical information, medical form with permission to treat available for each Scout at event 10 pts.
- _____ First Aid kit properly equipped and readily available in site 10 pts.

3. Campsite Health and Safety 55 point maximum

- _____ Campfire area has ground protection, metal shield or barrel, nothing flammable within safe distance 5 pts
- _____ If propane used, tanks & hoses are secure and protected 5 pts
- _____ Provisions made for hand washing, soap/water available 5 pts
- _____ Dish washing system evident with 3 container system 10 pts
wash container, rinse container and sanitize (bleach) container
- _____ Food properly stored to avoid animal problems and spoilage 10 pts
- _____ Designated chopping area is clearly marked 5 pts.
- _____ Axes and saws secured, sheath in place 5 pts
- _____ Waste water, grease sump pit in use with filter to catch particles 5 pts.
- _____ Site clean, no litter obvious, plan in place for carry-out of trash 5 pts

Wink Larsen Trophy Requirements

Unit: _____

Total Points:

1. Troop must have two or more registered adults at the Winterama. (10 points)

2. Troop must have 65% or more of registered youth at the Winterama (15 points)
Alternate – If 65% not present, at least five registered youth are present (15 points) How many registered youth? _____ How many at event? _____

3. All Patrols in the Troop must participate in the Klondike Trail (10 points)

Bonus points: 3 pts. For each 1st place; 2 pts. Each 2nd place; 1 pt. Each 3rd place

4. Troop must have three meals cooked outdoors with a displayed menu. (10 points)

5. Troop must build outdoor shelters appropriate to the weather (tents do not count) and sleep in it one night (10 points) or two nights (20 points)

6. Troop must display properly Troop and Patrol flags (5 points Troop flag; 5 points each Patrol flag)

7. Troop gateway displayed (15 points)

8. Troop area must show proper and safe organization (safe chopping area, safe fire area, safe trash disposal, drinking water readily available, First Aid Kit accessible, local tour permit available) (15 points)

Bonus Points may be awarded for each on-site manufactured camp craft/gadget (2 points each); snow sculpture (5 points).

Troop Winterama 2012 Registration

Troop# _____ Town _____

Scoutmaster for Winterama: _____ Asst. Scoutmaster: _____

Other Adult Leaders: _____

Senior Patrol Leader: _____ Asst. SPL _____

Patrol Name: _____ Patrol Name: _____

Leader: _____ Leader: _____

Scouts: _____ Scouts: _____

Patrol Name: _____ Patrol Name: _____

Leader: _____ Leader: _____

Scouts _____

Total Adults: _____ + Total Scouts: _____ = Total Attending _____

Day Only (no camping) Registration fee = \$5.00 x _____ = \$ _____

Camping Registration Fee = \$8.00 x _____ = \$ _____

Extra patches (if available) @ \$2.00 each # wanted _____ x \$2.00 = _____